



Hunter & Coastal Region From The Pouch



Term 1 2007

Hopping Highlights

Pages 2, 3, 4, 5&6.
St.Patricks Day.

Pages 7, 8, 9&10.
Founders Day

Pages 11, 12&13

More Ideas
Pages 14, 15, 16, 17,
18, &19.

**Environment-
Caring for Plants.**

21 Our Heritage their service badge

Nominate a leader for our profile, send us a new craft to share, tell us your news, and ask us your questions. Just send it to: Di Norman
49 Brenda Cres Tumbi Umbi
2261. Ph. 43897363.
Email:
dinormants@hotmail.com

A Message from Moani

What an exciting year for Scouting; 100 years old! How are you and your Mob celebrating? Write in and tells us! The Region has planned some special activities the B.P Bash in February, Challenge 100 from April to October and a huge celebration at Newcastle foreshore in September.

Thank you to Angela and all the Joey Scout Leaders in Gosford District for producing this edition of from the pouch. The district has done well.

As we get this year started I would like to take the opportunity to ask all leaders to make a huge effort this year to keep recruitment a high priority. Your District leaders will be more than happy to help supply Joey Scout promotional material and support where needed. The Region have set some challenges to youth members and leaders as part of the centenary of Scouting my challenge to all Mobs is to use this year to boost our numbers!

We have planned workshops throughout the year; the first of these will be at Spears Point hall 27/28th April. Our Fun Day this year will be at the Region's Centenary Celebration at Newcastle Foreshore in September. The NSW Branch have organised a State Konara at Pennant Hills in September.

Happy Hopping  Moani ,



The Gosford District Leaders at Fun Day 2006

Message from the Editor

Heard the saying try, try and try again! – Well believe me I have in putting together this issue of From the Pouch. My computer skills still leave a lot to be desired! Many thanks again to the Gosford District JSL's, and especially to my friend Elaine Simmonds for her ideas [many oldies are goodies]. Hoping we will all enjoy this special year of Scouting- 100 years old!! Yours in Scouting, Angela Fairbairn [Kooringa] Gosford District Joey Scout Leader.

St Patrick's Day Background for Leaders

St Patrick is the patron Saint of Ireland. He was named Maewyn Succat at birth, and then took on the name Patrick, after he became a priest, much later in his life. At the age of 16 Maewyn Succat was kidnapped from his native land of Britain, by a band of pirates, and sold into slavery in Ireland. Maewyn worked as a shepherd and turned to religion. After six long years of slavery he escaped to the northern coast of Gaul.

In Gaul, Patrick studied in the monastery under St. Germain, bishop of Auxerre for twelve years. He came to believe that it was his calling to convert the pagans of Ireland to Christianity. Patrick was appointed to go to Ireland after St. Palladius transferred to Scotland. Patrick was about sixty years old when he arrived in Ireland and it is said that he had a winning personality that helped him win converts. He used the shamrock, which resembles a three-leafed clover, to help explain the concept of the Trinity (father, son, Holy Spirit).

Patrick was arrested several times, but escaped each time. He travelled throughout Ireland, establishing monasteries and setting up schools and churches to aid in converting the Irish country to Christianity. Legend has it that Saint Patrick drove all the snakes out of Ireland. Evidently, they all went into the sea and drowned. The snake is a pagan symbol and perhaps this is a figurative tale explaining that he drove paganism out of Ireland.

Patrick's mission in Ireland lasted for thirty years. He then retired to County Down and died on March 17 in 461 AD. That day has been commemorated as St. Patrick's Day ever since. As the saying goes, on this day "everybody is Irish!" Over hundreds of cities now hold Saint Patrick's Day parades.

Shamrock

St. Patrick used the shamrock leaf to symbolize the Trinity, and today many people wear a shamrock to commemorate Saint Patrick's Day.

Blarney Stone

So what's all this talk of kissing the Blarney Stone?

Blarney Castle is located in County Cork, Ireland. Built in 1446 by Cormac Laidhim McCarthy (Lord of Muskerry) the Blarney stone is located in the southern tower wall between the main castle wall and the parapet. In order to kiss the stone one has to lie on their back and bend backward (and downward), holding iron bars for support. It is said that the Blarney stone has magical properties. As legend has it an old woman cast a spell on the stone to reward a king who had saved her from drowning. Kissing the stone gave the king the ability to speak sweetly and convincingly.

Leprechauns

Just what does a Leprechaun look like and why are they so special? A Leprechaun (Irish fairy) looks like a little old man. He's about 2 feet tall and dresses like a shoemaker with a cocked hat and leather apron. A Leprechaun's personality is described as aloof and unfriendly. They live alone and pass the time by making shoes. They're special because they also possess a hidden pot of gold. If you listen closely for the sound of their hammer you might be able to capture one. If you do you can force him (with the threat of bodily violence) to reveal where he's hidden his treasure. Be careful! Do not take your eyes off him for if you do he will surely vanish and your hopes of finding his treasure will vanish with him.

Green So why do we all wear green?

Probably because you'll be pinched if you don't! School children started this tradition. Green is also the colour of spring, the shamrock and is connected with hope and nature.

The luck of the Irish

Want to be lucky this St. Patrick's Day? Follow this advice:

1. Find a four-leaf clover.
2. Wear green (so you don't get pinched).
3. Kiss the blarney stone.
4. Catch a Leprechaun if you can. *In honour of the festivities we leave you with this Irish blessing:* May your blessings outnumber the shamrocks that grow and may trouble avoid you wherever you go!



Umina Joey Section
St Patrick's Day Activities

Coming In Activity – Jump over the Snake – 5-10 mins

Inside/Outside:

Inside

Materials:

Long Rope

Methods:

Either tie the rope to something low near the ground (or get one of the Joeys to hold it. Have the rope on the ground and shake it like a snake. Get the Joeys to jump over the rope without standing on it.

Background Information:

St Patrick was born in England and taken by pirates to Ireland to be a slave. He escaped a couple of times. Becoming a Christian he went around getting people to follow his example. He is considered the patron Saint of Ireland and that he chased away all the snakes in Ireland.

The Shamrock is like a three leaf clover, which was used by St Patrick to show the Trinity. The four leaf clover was considered good luck charm. The Leprechaun is an Irish fairy who makes shoes and has a pot of gold, which he likes to hide.

Find the Leprechaun's Gold – 5 mins

Inside/Outside:

Outside/Inside

Materials:

Cardboard Gold Coins

Methods:

Hide the coins around the outside of the hall or inside if it is raining. Give the Joey Scouts the boundaries and let them hunt for the Gold.

Leap Frog Tag – 5 mins

Inside/Outside:

Inside

Materials:

Nil

Methods:

Pick a Joey Scout to be in and when they tag another Joey Scout they are to freeze and curl up in a ball. Other free Joey Scouts have to leap frog over the frozen Joey Scout to release them. The Joey Scout who is in cannot stand by frozen Joey Scouts.

Irish Mobile – 20 mins

Inside/Outside:

Inside

Materials:

20 Bamboo Sticks

String/Wool Green

Cardboard

Scissors

Pens/Pencils

Hole Punch

20 Pots of Gold

20 Shamrocks

10 Leprechaun's

Methods:

Tie 2 bamboo sticks together to make a cross. Leave the string long enough to use to hang the mobile up. Have five pieces of string the same length and tie to each end of the bamboo and one to the middle, this is where you tie the mobile pictures to. Cut out the pictures and using the hole punch, punch a hole at the top of each item. Get the Joeys to colour in 2 pots of Gold, 2 Shamrocks and 1 Leprechaun. Tie the Leprechaun onto the centre string and the Gold and Shamrocks alternatively around the outside.

Playing with Green Slime – 10 mins

Inside/Outside:

Outside

Materials:

PVA Glue

Borax

Ziplock Bags

Plastic Cups to mix in

Food Colouring

Water

Stirrers

Methods:

- Measure about 2 Tablespoons of 50/50 glue into a paper cup or some other vessel
- Add 1 or 2 drops of food colouring if you want and mix it with the 50/50 glue
- Stir in about 2 teaspoons of saturated borax solution
- When the slime has mostly formed, reach in and take it out of the cup
- Knead the slime to make it a consistent texture.
- If the slime is too sticky, you can add a little more borax
- If it is way too slippery you can add more 50/50 glue

One convenient way to make slime is inside a zipper-type plastic bag. Then you have a storage container already. If you use a cup and want to store the slime, an airtight container is needed or it will dry out.

Pre-make up enough for each Joey to take home. Place in a plastic snap lock bag. Let them play with in outside then they can take it home.

Note:

I tried making slime with PVA you need a lot of the glue.

Potato and Spoon Relay – 5 mins

Inside/Outside:

Inside

Materials:

Chaps Potatoes

Dessert Spoons

Methods:

Two teams of Joeys, give each Joey a spoon and a potato. One Joey from each team run down the hall without dropping the potato turn around and run back to their team to tag the next Joey.

A Leprechaun Story– 5 mins**Inside/Outside:**

Inside

A Leprechaun Story:

Karlin was a wee little leprechaun. He was often mischievous and didn't like to follow the rules of the leprechaun world. He certainly never thought a human would catch him.

One day while he was walking through the meadow he saw his friend Aidan. Aidan was quietly reading, for he knew if he made a noise he risked capture and he did not want to give up his pot of gold.

Karlin whistled and called, "Hey Aidan, let's you and I have some fun!" Aidan replied in a whisper, "Shh... Are you insane? Don't you see that kid over there? What if she hears us, what will we do?"

Karlin replied rather loudly, "Don't be such a worrywart! She won't hear us; she's too busy looking at Stick Insects to worry about us." And with that he jumped on Aidan and began to tickle him. Aidan tried to hold in his laughter but it was no use, he was ticklish, and before long they were in the middle of a great big tickle match.

Suddenly Karlin was snatched way, way up and when he got the nerve to open his eyes he saw two very large green eyes peering back at him. "Well, well, well what have we here?" said the girl, "I do believe I've found myself a leprechaun!" Karlin trembled with fear and disbelief; all those warnings had finally come true. "You'll have to take me to your pot of gold now," said the girl.

"I... I... won't!" said Karlin.

"You must," said the child, "I know the rules!"

Karlin was very excited. "You don't understand, I have been so disobedient my elders have taken my gold away. They said I couldn't be trusted."

The child was very disappointed indeed and so she decided if she couldn't have the leprechaun's gold she would just keep the leprechaun forever. So she took him home and put him in a Fish Tank and closed the lid tight.

That night, all alone in the Fish Tank Karlin cried. He couldn't stand the thought of living like this forever.

Suddenly there was a flash of light in the darkness and two elder leprechauns appeared. "Well, well, what have we here? You've been a very naughty leprechaun indeed," said the first elder.

"But this just won't do, you can't live like this forever. If word of this gets out...What will they think?" said the second elder.

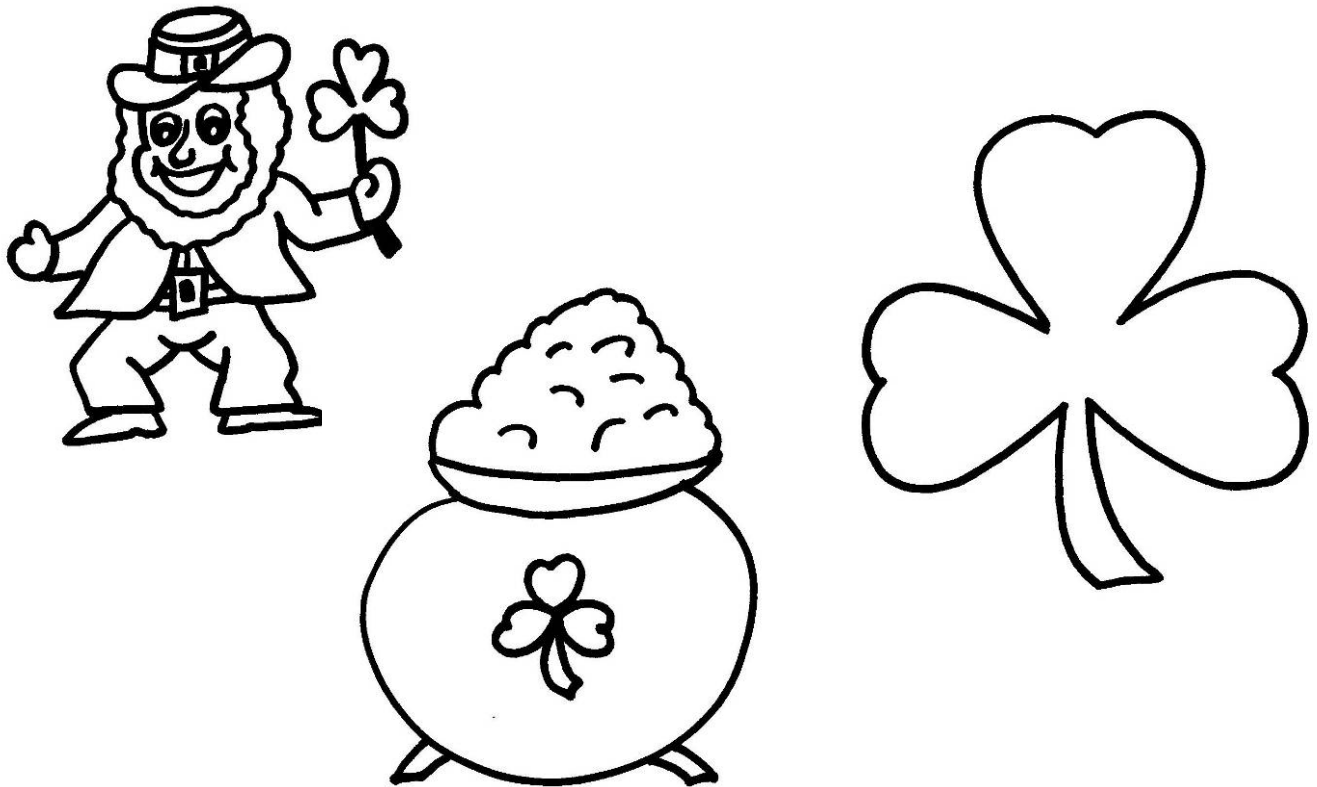
"I know, I know, we'll free him, but not to our world, he will have to become an animal! Free to roam the rest of his days." And just like that, the two elders turned Karlin into a Fox.

The next morning when the young girl opened the top of her Fish Tank was she ever surprised to find a Fox. After her initial shock, she became quite happy and decided to keep the Fox for her very own!

~The End~

Irish Mobile

These pictures can be enlarged for the mobile and photocopied onto cardboard for the Joeys to colour. For each mobile you will need **1** Leprechaun, **2** Pots of Gold and **2** Shamrocks.



Quotes and sayings

Friends are like windows through which you see out into the world and back into yourself... If you don't have friends you see much less than you otherwise might.

-- Merle Shain

The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong

It is said that if you line up all the cars in the world end to end, someone would be stupid enough to try and pass them.

A fine is a tax for doing wrong. A tax is a fine for doing well.

If you can't get rid of the skeleton in your closet, you'd best teach it to dance
George Bernard Shaw

For prayer is nothing else than being on terms of friendship with God.

-- Saint Teresa of Avila



Umina Joey Section **Founders Day Activities**

Charterhouse Battle – 10 mins

Background Information:

Baden-Powell was the founder or the person who started the Scouting movement. So every year we celebrate his birthday. When BP was 13, his school (Charterhouse) was involved in a fierce battle against a poorer school (Smithfield). The Smithfield boys threw vegies and scraps from the markets over the Charterhouse walls and the Charterhouse boys won the battle with superior strategies!

Inside/Outside:

Inside/Outside

Materials:

Newspaper rolled up and covered with different coloured crepe paper. (2 per Joey)

(To represent the vegies and scrapes which were thrown over the wall)

Length of rope to reach across the hall

Sheet

Pegs to hold sheet onto rope

Methods:

Hang the sheet over the rope, which is suspended 1.8m high either in the hall or between two trees. Divide Joeys into 2 teams, one on each side of the sheet. Armed with their ammunition, they must throw the balls across the “wall” BUT they must try to catch the incoming balls and prevent them from hitting the ground. No scoring or eliminations, just skill and fun.

Teamwork Game – 10 mins

Inside/Outside:

Inside/Outside

Materials:

Collect boxes ranging in size from fruit boxes to lots of small ones (e.g. toothpaste) including cardboard rolls.

Masking or sticky tape (Optional)

One Adult per team

Methods:

Divide Joeys into teams of 3 or 4. Each is given a fruit box containing a selection of other boxes and rolls. Object is to build a stable structure of their choice at the other end of the hall, where the adult is waiting to help. The team must decide in which order one person takes only one box at a time and adds it to the structure. Each team to display their results at the end.

Reef Knot Practice – 5 mins

Inside/Outside:

Inside/Outside

Materials:

20 lengths of rope

Methods:

Each Joey is give a piece of rope and shown how to tie a reef knot.

Emblem on Plate – 10 mins

Inside/Outside:

Inside

Materials:

20 large paper plates

20 lengths of rope (long enough to go around plate edge and to be tied into a reef knot)

Hot gun glue/craft glue

20 emblems photocopied on paper (big enough to fit in middle of the plate)

Scissors

Coloured Pencils

Methods:

NOTE: Glue rope onto plate leaving two ends long enough to tie a reef knot and have some extra over, do this before hand.

Give each Joey a plate and have them tie a reef knot. Check the knot then get them to put their name on the back of the plate. Hand out an emblem for them to colour. Once coloured get them to cut out the emblem and glue to the centre of the plate.

Matching Smells – 10 mins

Inside/Outside:

Inside

Materials:

8 Opaque containers with lids

4 different items which smell – coffee, vinegar, toothpaste, cinnamon

Stickers

Felt pen

Graph with A, B, C, D and 1, 2, 3, 4 drawn on, one for each Joey

Pencils

Methods:

Place coffee in 2 containers mark one A and other 4

Place Vinegar in 2 containers mark one B and other 3

Place toothpaste in 2 containers mark one C and other 2

Place cinnamon in 2 containers mark one D and other 1

Place lids on all containers and put holes in the lids making sure they can't see what is in the containers.

Give each Joeys a piece of paper with the graph on it and a pencil. Explain that they are to have a smell of each container and try to match the containers by their smell. Also get them to write down or tell you what they think the 4 different smells are. You could maybe show them how to do a dot graph then colour in the column to make a column graph.

Dinizulu's Necklace – 5 mins

Inside/Outside:

Inside/Outside

Materials:

Story of how BP found Dinizulu's Necklace

Shoe Lace

2 wood beads

Story:

Back in the Boer War when Dinizulu surrendered to BP he had his spear in his right hand and his shield in this left. As a sign of trust he put his shield down and shook BP's hand, thus the left hand shake in Scouting. He then presented BP with the huge beads from around his neck. When BP returned to the UK he decided that the leaders that were training the leaders would receive a bead in recognition of their efforts. They have now all been returned, re-made and presented back to the Zulu tribe, but to this day a leader who trains to the highest point of their section receives two wooden beads on a leather thong to mark their achievement.

Methods:

White you are telling this story make s small set of beads for your Mob Mascot to wear.

Story about B.P. – 5 mins

Inside/Outside:

Inside/Outside

Materials:

None

Story:

A man called Lord Baden-Powell started scouting. We sometimes call him BP for short. BP was born more than 149 years ago (1857) and when he was a boy, he liked to go exploring with his brothers. He learned many useful things in these years.

When BP grew up, he joined the Army. He lived in England, so he joined the English Army. In those days the English Army had to sometimes go to far away places to fight in wars, or to help stop war in other countries.

While he was in the Army, BP was very clever at using the good ideas he had learned as a boy. He was good at climbing, finding out information by looking carefully around him, looking after himself very well by keeping healthy and clean, and not getting lost in new places. He taught lots of other soldiers how to do these things too.

One time he was even a clever spy! His job, this time, was to find out about the enemy soldiers. BP got dressed up like a butterfly collector (in walking clothes, not a uniform) and walked up into the hills. When he was up at the top, he pretended to be looking around for interesting butterflies, but really he was looking down the other side of the hill to see the enemy's camp and how it was arranged.

When the enemy soldiers came along and said, "What are you doing here?" BP told them about the butterflies and showed them the drawings he was making of their beautiful wings. He was so good at pretending to be a real butterfly collector that the enemy soldiers left him alone! They didn't even realise BP was spying on their camp!

When BP finished his time in the army, he went back to England and found that lots of boys were trying out the sorts of things BP was good at. All these climbing, camping, caring, observing,

exploring, finding out, interesting things were called “Scouting” just like when BP was an Army scout.

Such a lot of boys wanted to know more about it, that BP helped organise lots of helpers and leaders to teach boys about Scouting. So Scouting really got going in about 1908. BP’s sister and wife both helped to start Girl Guides too.

BP died in 1941 (over 65 years ago) but millions of children all over the world still join in Scouting and have fun in Joeys, Cubs, Scout, Venturers and Rovers. Because both BP and this wife had the same birthday, we remember this very clever man and lady with a celebration each year on 22nd February.

BP Feeling Song – 5 mins

Inside/Outside:

Inside/Outside

Materials:

Singing voices

Song:

I’ve got that BP feeling, up in my head, up in my head, up in my head,
I’ve got that BP feeling, up in my head, up in my head to stay.

I’ve got that BP feeling, down in my feet, down in my feet, down in my feet,
I’ve got that BP feeling, down in my feet, down in my feet to stay.

I’ve got that BP feeling, deep in my heart, deep in my heart, deep in my heart,
I’ve got that BP feeling, deep in my heart, deep in my heart to stay.

I’ve got that BP feeling, up in my head, down in my feet, deep in my heart,
I’ve got that BP feeling, all over me, all over me to stay.

Bring Out Your Best – 5 mins

Inside/Outside:

Inside/Outside

Materials:

None

Methods:

BP always found positives before negatives.

Joeys and Leaders in a circle. Start with a Leader, who says to the person on the left, “Tim is tall”, then sits down. Tim says to the next person, “Adam is amazing” then sits down. When the whole circle is sitting down, go around one more time with another compliment, this time not necessarily one that starts with the person’s name. Stand up when you’ve said your compliment.

MORE IDEAS

Turn the Turtle Game

Set the scene by telling the joeys that one of them is an Aboriginal or Torres Strait Islander who is still allowed to hunt turtles, as it is their traditional food even though turtles are now a protected species. They need to turn the turtle over in order to kill it and make it into soup. Another Joey is to pretend to be the turtle and does not want to be killed to make soup. Get all the joeys to sit in a circle. Chose one Joey to be the turtle. Give the instruction that she/he is to lie face down in the middle of the circle with arms stiff and spread out. Chose another Joey, making sure that she is of a similar size to the other Joey. The aim of the game is for the hunter to overturn the turtle. Impress upon the mob that **NO ONE IS TO BE HURT**. When the turtle is turned over, continue the game with two new participants. Do not give all the joeys a turn...leave them wanting to play the game at another meeting.

Harry's Hair

Fill old stockings with potting mix sprinkled with grass seeds. Tie a knot in the end of the stocking; maneuver it so that the knot is at the bottom. Glue eyes on one end of the stocking. Send these home with the joeys with instructions that they be watered and put in the sunshine. Bring back in two weeks to see their progress. Perhaps ask the joeys to give "Harry" a crazy haircut....Mohawk/mullet etc.

Alternatively, put Harry's head into a pot. Draw a face on the pot/polystyrene cup and wait for his hair to grow.

HOW SEEDS GROW. (An oldie but a goodie)

Alfalfa seeds, clean meat trays, cotton wool.

Place the cotton wool on the meat trays, dampen with water and sprinkle with the alfalfa seeds. Send home with instructions to keep the cotton wool moist. Bring back the following week to see what has happened. Do not tell the joeys what to expect. Consider giving them a sheet that they could illustrate on a daily basis to show the progression.

Bursting Rainbow

- Different colours of food dye
- Cooking oil
- Water
- Plastic bottle

Half fill bottle with water.

Add about 2 cm of cooking oil

Slowly squeeze 2 drops of each colour of the food dye into the bottle.

Watch what happens. *It might be a good idea to try this at home first. Don't tell the joeys what to expect.*

Wave in a Bottle

- Plastic bottle
- Water
- Blue food dye
- Cooking oil

Half fill the bottle with water and add a few drops of blue food dye and add about 1 cm of oil.

Turn the bottle on its side. **Gently** sway the bottle from **END TO END** and observe the effect.

Try at home before you give this to the mob to do and **DON'T TELL THEM WHAT TO EXPECT.**

Leaf Bookmark

Take the mob outside to pick up leaves. Talk to the joeys about not taking leaves from a living plant. Bring the leaves inside. Now glue them onto pre-cut bookmarks. Tell the joeys to look at their leaf and decide what animal/fish it looks like. Provide texta's or paint for the joeys to use to create their animal. When finished, cover with contact.

Creepy Sounds

Get a hexagonal nut and put it into the neck of a balloon. Blow into the balloon causing the nut to fall into the balloon. Tie the end of the balloon. Now **gently rotate** the balloon and listen to the sound. This is a really good activity for a fright night or Halloween.

Osmosis

Put food dye and water into a tall plastic drink container. Put cut stalks of celery into the water. Observe over a week to see what happens. **Ask the joeys to tell you what has happened.** Test this before you do it as it may take a while for anything to be visible.

Clean Up Australia Day

Make this a mob or a group activity. Provide a certificate for reward for all who take part. Ask **National Parks** for an activity.

Bird Survey

Take joeys out and count the types and numbers of birds you see in a 10 minute period. Do a chart to illustrate your findings. Stick it up on the wall.

Kookaburra

Draw the outline of a kookaburra on an A4 piece of paper. Gather lots of leaves. Glue the leaves onto the kookaburra to make his look real. This can be done as part of an outdoor activity.

Make boats out of matchboxes

Try to see if you can get them to float.

Sponge Bob Relays

In the warmer months, play some relays that get your mob **wet, wet, wet**. Use large sponges for washing cars and buckets of water. Devise various relays such as;

- Over the head with two hands
- Over the head using one hand
- Between the leg passing
- Over and the under
- Throw from the front of the line to the back and then run to the front

Make sure that the winning team is the one sitting in a quiet, straight line!! If by some chance you actually have any water left, make sure it waters a needy plant.

Whistle Chase (Another oldie but goodie)

Set your boundaries first! (We almost lost one District Leader's daughter when she hid under the hall and refused to either blow her whistle or come out when playing this one.) Have a leader on the outside keeping an eye out for potential problems. Give one Joey a whistle and then count to 20 slowly or 40 quickly. Then go out together as a mob, listen and try to find the hiding Joey. Remember; don't give all the joeys a turn. Leave them wanting more!

Treasure Hunt

Develop a series of clues that are particular to your area. Print the clues on sheets of cardboard and hide them around your area. Give various joeys a chance to read the clues to the mob. (Ensure that the joeys can read – or give them help if needed) Have a large packet of lollies to share when the whole mob finds the treasure. A good way to make sure that this works is to have the clues lead back to a place in the hall where the treasure is hidden.

Volley Ball with a Twist

You will need balloons, water and a string or net to go across your hall as a net. Put a small amount of water inside a balloon and tie a knot in it. Insert this into another balloon and blow it up. Make several of these before you start to play your game. This is really interesting as the water inside the balloons makes them wobble in flight and makes them really unpredictable.

More fun Relays

Box of Ritz type crackers and balloons are needed for this challenge. Line your joeys up in teams with plates of ritz biscuits at their feet. At the other end of the hall, have a chair and one balloon per person. The object of this game is to eat the cracker, run to the other end of the hall, blow the balloon up and then pop it by holding it and sitting on it at the same time. No need to try to get the joeys to tie a knot in the balloon for this one. Again, the winning team is the one sitting in a quiet, straight line having popped all their balloons.

Chair Relay

You will need one chair for each Joey. They joeys all have to stand on their chair. Then they have to pass the last chair up to the front and move up the line. The last Joey whose chair is passed up will have to share a chair with his neighbour until they have moved up the line of chairs. No one is to step onto the floor during this game. This can either be done as a mob or team versus team.

Mintie Relay (an old favourite at 1st Woy Woy)

You need a Mintie (or other wrapped sweet) for each person. Place them on a plate at the far end of the hall. If you have enough joeys, make teams. If not, just have the joeys stand in couples. The joeys then put their arms around each other, run down to the plate of Minties, pick one up with their outside hands, unwrap the sweet and put it in one of their mouths. Repeat until each Joey has had a sweet. This is a good opportunity to pair any joeys that may not get on with each other too well or who don't know each other.

Blindfolded Jelly

You will need one blindfold, some spoons, a bench and some jelly. One Joey is blindfolded and given a spoon with some jelly on it. The object is for the other Joey to direct her partner to feed her the jelly by giving instructions such as up, down, left, right, etc...enjoy!

Cat and Mouse Circle Game

The mob stands in a circle holding hands. Tell your joeys that their job is to help the mouse and stop the cat. Chose a mouse and put her inside the circle. Chose a cat who starts outside the circle. When the mob has hands up, the cat or the mouse can go under but when the hands are down, they cannot pass. The mob can squish up to block the cat or create space to let the mouse through. If the cat tags the mouse, the roles are reversed immediately. This is a good game to get your mob working together and don't forget to joint in yourself. *Remember, stop before they are sick of it or have all had a turn.*

Sounds of the Bush

Take your mob for a bushwalk. Prepare a chart before you go with pictures of some of the sounds you might hear by going to the area first and listening yourself. Ask your joeys to sit down quietly and listen for any sounds they might hear. Get them to mark off the things they hear on their sheet. You could put birds, leaves, cars, waves, feet and children on your sheet.

Aboriginal Heritage

Contact your local land council and ask if they have anyone who could escort you to a local landmark and explain its relevance to the traditional landowners. For example, on the Woy Woy Peninsula there is the Mingaletta Council. Ask if there is someone in the council who could come and show the Joey's traditional dances, how to play a didgeridoo, how to throw a boomerang or to talk about bush medicines.

Other Cultures

If you know of anyone in your group from a different culture, ask them to visit your mob in traditional dress and prepare food for your mob. A small amount for tasting is enough.

Sibling Meeting

Invite siblings whether younger or older to your meeting and let them take part. This is a good way to build up numbers within the group. Encourage the visitors to participate as if they were a Joey.

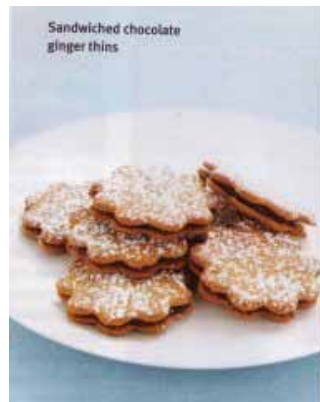
Easter Cooking **Sandwich Chocolate Ginger thins**

Needs:

100g dark chocolate
¼ cup thin cream
Heat proof bowl
150g packet Ann's ginger thins
Icing sugar

Method

Melt 100g Chopped dark chocolate with ¼ cup thin cream in a heat proof bowl.
Chill slightly, stirring occasionally, until spreadable.
Sandwich 150g pkt ginger thins (Anna's brand) together using the chocolate mixture.
Sprinkle with icing sugar



Chinese Proverb

One generation plants the trees; another gets the shade.

Caring for Plants

Trees, flowers & plants need 3 things to grow.

1. Water
2. Light
3. Air

Your plant will grow if you give it these 3 things.

1. Water



When you water your plant, don't give it too little don't give it too much.

Too little & the plant will go dry. Too much & it will drown!

Check your plants water every day to see if the cotton wool is still wet.

See if you can save water by using water left over after the dishes or maybe from the washing machine as it empties.

Friday



Today I did/did not water my seeds.

I used water from the sink/washing machine/_____.

I can/can not see anything growing yet.



2. Light

Plants need energy to grow; they get their energy from light.

You can help a plant grow by turning on a light, but the best for the plant is sunlight.

Plants also grow better when it is warm, often warm places are in the sunlight.

Saturday

In the morning find the best place with lots of sunlight & place your plant there.

Where did you leave your plant? _____

In the afternoon find the best place with lots of sunlight & place your plant there.

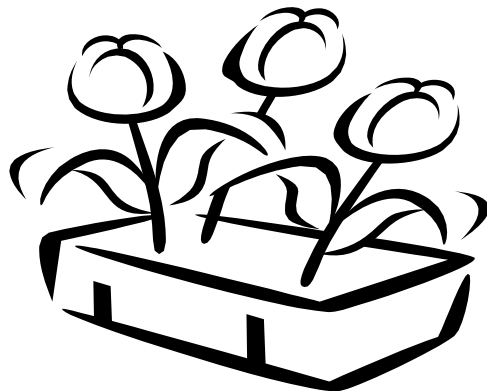
Where did you leave your plant? _____



Describe the weather today sunny/cloudy.

Which days are best for growing plants? _____

Colour
In the
Flowers



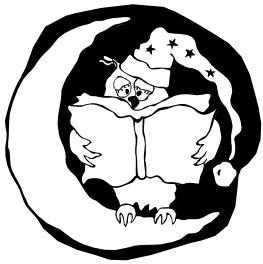
3. Air

Plants need to breathe.

When there is light & heat, plants breathe a gas called carbon dioxide (CO₂).

A plant takes the CO₂, the light and adds water to make it's own food.

When it is dark and cold the plant can't make food, instead, it uses up the food it made during the daylight.



At night the plant breathes oxygen, just like you and me.

Sunday

Your plant has had air, water & light for 3 days now! We are going to measure to see how much it has grown.

Use the measurer on the back of the book to find out how much it has grown.

How long is the plant? _____

How wide is the plant? _____

What colours can you see? _____



Seeds are a plant's way of making more of itself. This is called reproducing.

The seed carries information to create a new plant. The new plant will be like the old plant that produced the seed.

The seed also carries food for the new plant to get started. After the new plant has used the food from the seed it needs to begin making it's own food or it will die.

You can help a plant to grow by adding extra food. This is called fertilizer.

Monday

Add a little bit of lemonade to your plant for food. The lemonade will give the plant some extra food.

From the list below, underline the ingredients that the plant is getting from the lemonade so it can grow.

| | | | |
|-------|-----------------|----------------|----------|
| Meat | sugar | bread & cereal | vitamins |
| Water | fruit & veggies | gas (bubbles) | fat |



Food

Plants use 2 different ways to get their food.

1. Leaves
2. Roots

Leaves



Leaves are used to catch sunlight.

Some plants only get a little bit of sunlight so they have big leaves to catch extra.

Some plants live where there is lots of light so they only need small leaves.

Roots

Roots gather water & minerals from the soil.

Some roots are thin & spread out.

Some times a plant has 1 really big root with little hairy roots hanging off the sides.

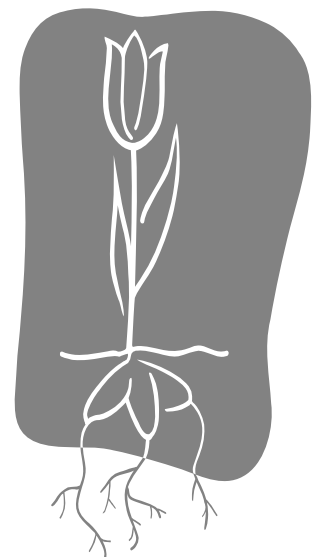
Tuesday

Look at the leaves on your plant & fill in the gaps.

Colour _____ Shape _____

Look at the roots on your plant & fill in the gaps.

Colour _____ Shape _____



Wednesday

Complete the

Find-a-word

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| a | p | s | u | n | l | i | g | h | t |
| f | l | o | w | e | r | b | a | c | r |
| d | a | i | a | g | r | a | s | s | e |
| w | n | l | t | i | s | j | e | f | e |
| a | t | l | e | a | v | e | s | o | s |
| r | i | k | r | o | o | t | e | o | l |
| m | g | r | o | w | i | n | g | d | m |
| n | o | p | s | u | n | n | y | q | s |
| r | g | r | e | e | n | i | g | h | t |

Air flower food gases grass
Green growing leaves night Plant
Root rose seeds Soil sunlight
sunny trees Warm water

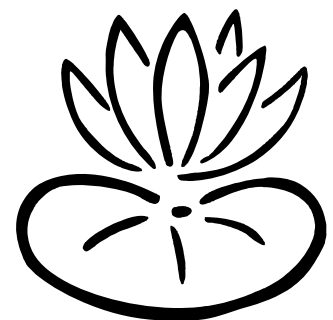
Take another measure of your plant.

How long is the plant? _____

How wide is the plant? _____

How much has your plant grown? _____

How much wider is your plant? _____





‘Their Service-Our Heritage’ Award

This award is designed to encourage Leaders and Youth to participate in ANZAC Day and Remembrance Day activities and ceremonies whilst in Scout uniform. To visit Local, State and National War memorials as well as visiting with Veterans in hospitals and care facilities.

To encourage more youth in understanding the meaning of ANZAC as part of our national heritage and to ensure an ongoing awareness and understanding of the commitment of the men and women of our armed forces- past and present.

How you achieve the ‘Their Service-Our Heritage’ Award

Participate whilst in Scout uniform in any two of the following activities:

- *Anzac Day Ceremonies
- *Remembrance Day Ceremonies
- *Visit either a State or National War Memorial
- *Visit a Local War Memorial
- *Visit with a Local veteran. Preference should be given to Veterans in hospitals or aged care facilities.

Note: Joey Scouts need only to participate, they do not have to provide a report.

Wearing the Badge.

The badge will have an anniversary date of 25th April each year. You will need to apply to NSW Branch to receive your badge.

This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness.

-- Dalai Lama



Joey Mob Program Planner

Attendance:

/

Attendees / Total

| | | | | | |
|--------------|----------|----------------|-----------------|-------------|--|
| Theme | Soldiers | Meeting | Indoors/Outdoor | Date | |
|--------------|----------|----------------|-----------------|-------------|--|

| Time | Methods | Activity | Leader | Equipment Required etc. |
|------|-------------|--|--------|-------------------------------------|
| 0.05 | Ceremony | Opening Parade | | |
| 0.05 | Game | Compass | | N/S/E/W |
| 0.10 | Game | Stalking | | Chairs |
| 0.20 | Activity | Sound mapping | | Paper, pens |
| 0.30 | Game | Night time | | Obstacles, Blindfolds |
| 0.40 | Show & tell | Guest speaker – Someone from Army Reserve – What soldiers do? What do they eat? | | Table for stove, spoons for tasting |
| 0.55 | Ceremony | Closing Parade | | |

General Comments

Someone from Army Reserve comes and gives a small talk about the army and soldiers. He brings an army food ration pack and shows us what soldiers eat and how they cook it over a small stove. Joey Scouts get to try tubes of jam, condensed milk, bars of chocolate, rejuvenated dehydrated noodles, M&Ms and tinned cheese... yum, yum, yum.

If a guest speaker is unavailable, use stories of Baden Powell when he was in the army.

Compass

JS runs to each corner of the hall when N/S/E/W is called out. (Soldiers need to know their 4 points of compass)

Stalking

Scatter chairs around the hall for trees. One JS stands in front of the hall with his/her back turned. Rest of JS tries to tip that JS in front of the hall. However, when the JS turns around, the rest of the JS has to hide behind the trees (chairs). If they are caught moving when the JS turns the back, JS is out. (Soldiers need to know how to move around quietly and with stealth.)

Sound mapping

JS draw him/herself in a circle in the centre of the paper. Go outside the hall and map out/draw all the sounds JS can hear (Soldiers need to use their sense of hearing)

Night Time

Pairs of JS, one with blindfold, the other take the JS (blindfold) around obstacles – swap over (Soldiers need to use their sense of touch and to depend on their buddies)

1st Belmont Joey Scout Mob with the Army personnel learning about Army Ration Packs

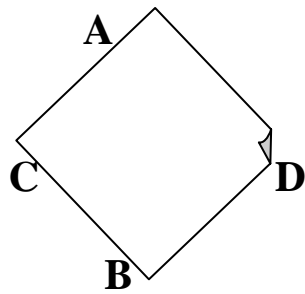


Craft – Easter Bunny Washer

What you need per person: 1 plain face washer, 1 rubber band, small piece of ribbon, stick on eyes and a white cotton wool ball.

How to make:

1. Place the face washer out on a flat surface in the shape of a diamond.
2. Tightly roll corners “C” and “D” toward the centre so they meet in the middle.
3. Fold the rolled washer into a tight horseshoe shape bring corners A and B together.
4. Holding the washer in the horseshoe shape fold back corners A and B along itself, placing the rubber band around about 5-6 cm up. This gives you the head and ears of the bunny.
5. Tie a ribbon around the neck to cover the rubber band, Stick on eyes and glue on cotton wool ball in position of tail.
6. Optional option, add a small Easter egg in the hollow of the body.



HARMONY DAY

What is Harmony Day?

Harmony Day, which began in 1999, occurs on 21 March each year and celebrates Australia's success as a diverse society united by a common set of values.

Since 1945 more than six million people have settled in Australia and in 60 years of post-war migration Australia's population has jumped from 6 million to approximately 20 million.

Between us we now speak more than 200 languages, including 45 Indigenous languages. Our most commonly spoken languages are English, Italian, Greek, Cantonese, Arabic, Vietnamese and Mandarin.

Our Participation

Joey Scout Mobs are encouraged to participate in Harmony Day.

You can participate in Harmony Day right throughout March.

You can register what you are doing on the Harmony Day web site: <http://www.harmony.gov.au>

District Leaders have some resources to hand out to Mobs.



Here are a few ideas to start you thinking... (some from web site)

- Organise a **community event** at your local park, public oval or beach, invite key note speakers to present on the importance of community harmony.
- Hold an **interfaith ceremony** between the various religions in your community; pledge to unite together.
- Approach your local community radio or television station to run a '**Harmony Hero**' competition encouraging listeners and viewers to nominate community members who have consistently contributed to community harmony.
- Celebrate with a **Harmony picnic**, barbeque, lunch, morning or afternoon tea at the zoo, botanic gardens, local park or at the beach.
- Mob Leaders develop a program theme around Harmony Day, invite parents and families to join in.
- Mobs can conduct an excursion to a cultural institution or community venue to learn about other cultures.
- Encourage Joey Scouts to wear orange on 21 March.
- Hold a orange event in a park invite your whole Group.
- Wrap your hall with an orange Harmony Day wrap ribbon.