



New South Wales Branch
Hunter & Coastal Region

Quebec Breakfast Oranges

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Quebec is the largest providence in Canada. Quebec is the largest manufactures of maple syrup.

Preparation Time: 5mins

Cooking time: 30 Sec

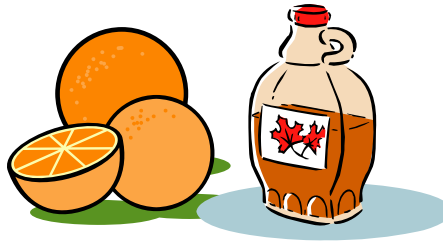
Serves: 20

Ingredients:

10 Oranges

1 Bottle of Maple Syrup

1 Pkt Shredded coconut



Instructions:

1. Cut oranges in half (one half per Joey Scout)
2. With each half pour 2 Tablespoons of Maple syrup in the orange half.
3. Sprinkle coconut over the top.
4. Place in a microwave and cook for 30 Sec
5. Allow to cool for a minute and eat with a spoon.

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